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## 10 Guidelines for an Enthusiastic Team

Teamwork is fundamental to achieving success at all levels within Toastmasters – whether at the Club, Area, Division, District, or International level. Team-based settings are a great opportunity to create dynamic and rewarding programs and outcomes for our members.

The highlight of Toastmasters is the diversity in cultures, experiences, skills, and expertise. With that, it is not uncommon for teams to face conflict at a certain point in time of working with one another. What is important is that teams can overcome these obstacles and continue to work harmoniously with one another.

**These 10 guidelines can assist your teams achieve balance and sustainability for a rewarding membership experience:**

- 1. Maintain a positive mental attitude no matter what the circumstances.**  
*Compose and plan your thoughts instead of applying negative verbal communications.*
- 2. Act with integrity, respect and courage, as if it all depends on you.**  
*Keeping in line with Toastmasters International 4 core values: Integrity, Respect, Service, and Excellence.*
- 3. Do everything with enthusiasm**  
*It's contagious!*
- 4. Help each other be right instead of making someone wrong**  
*Work on mutual positive energy to communicate effectively.*
- 5. Look for ways to make new ideas work, instead of reasons they won't work**  
*New ideas may be a foundation for change that the team needs – give it a try before reverting to original plans.*
- 6. If in doubt – check it out! Avoid making negative assumptions about each other.**  
*Collaboration to resolve issues is better than an accusation.*
- 7. Find the positives in difficult situations.**  
*Locate the best in every situation.*
- 8. Help each other win and take pride in each other's victories.**  
*Win as a team – it's a refreshing feeling!*
- 9. Never give up!**  
*Trials and tribulations build skills and new understanding.*
- 10. Enjoy the process and have fun!**  
*We are all here to learn, grow, and most of all – enjoy moments!*