



**WHERE LEADERS ARE MADE**

## **2019 TOASTMASTERS CHALLENGE**

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- Each meeting express your gratitude to a least one leader or functionary
- Each meeting extend one unique compliment to a fellow member or guest
- Each meeting jot down 3 things you've learned/most important takeaways
- Give at least one speech a month
- Step up to a role or position you've never done before
- Create a 5-7 min. "pocket speech" you can use anytime, anywhere
- Give a speech that's longer than 10 minutes
- Plan out your path to achieve DTM (If you have one, do a 2nd or 3rd)
- Attend one district level event
- Become a helping hand at a district level event
- Review the Moments of Truth - take action on one item or implement one idea
- Bring at least one guest to a club meeting in 2019
- Introduce yourself to every guest that comes to your club and be interested in who they are
- Contribute to your club, area, division or district social media feed that adds value to other member's experience
- Attend at least one advanced club meeting in your District
- Visit one club that has fewer than 12 members
- Visit one club that has more than 25 members
- Mentor at least one member and uncover one way to enrich that experience
- Use your Toastmasters skills at work or in your community: lead a committee, run a workshop, give a presentation or chair a meeting.

*Adopted from a 2016 Toastmasters on-line Challenge*